

REAL Renewal Yule Log

Reflect • Empty • Align • Light

A simple, year-end ritual to slow the season, reflect on the past year, and invite God's light into the year ahead.

Step-by-Step Instructions

1. Gather with Intention

- **Gather birch log, cedar, holly, pinecones, burlap, paper raffia**
- **Pause and reflect on the year. Where did God meet you?**

2. Make the Fire Starter (Optional)

- **Muffin tin + cupcake liners**
- **Chunky wax melts, cinnamon sticks, star anise, dried orange slices**
- **Light to symbolize Christ's light in the darkness**

3. Prepare the Log

- **Wrap the center with burlap**
- **Think about what you're ready to release: busyness, fear, or worry**

4. Build the Greenery Foundation

- **Layer cedar and holly**
- **Focus on alignment: faith, home, peace, purpose**

5. Add Final Touches

- **Bows, pinecones, cinnamon sticks, acorns, dried oranges, lamb's ear**
- **Arrange naturally, with care and presence**

6. Pause & Reflect

- **Thank God for the year behind you**
- **Invite His peace and light into the year ahead**

Scripture Reminder

"The light shines in the darkness, and the darkness has not overcome it." — John 1:5 (NIV)