

REAL Renewal Yule Log

Reflect • Empty • Align • Light

A simple, year-end ritual to slow the season, reflect on the past year, and invite God's light into the year ahead.

Step-by-Step Instructions

1. Gather with Intention

- Gather birch log, cedar, holly, pinecones, burlap, paper raffia
- Pause and reflect on the year. Where did God meet you?

2. Make the Fire Starter (Optional)

- Muffin tin + cupcake liners
- Chunky wax melts, cinnamon sticks, star anise, dried orange slices
- Light to symbolize Christ's light in the darkness

3. Prepare the Log

- Wrap the center with burlap
- Think about what you're ready to release: busyness, fear, or worry

4. Build the Greenery Foundation

- Layer cedar and holly
- Focus on alignment: faith, home, peace, purpose

5. Add Final Touches

- Bows, pinecones, cinnamon sticks, acorns, dried oranges, lamb's ear
- Arrange naturally, with care and presence

6. Pause & Reflect

- Thank God for the year behind you
- Invite His peace and light into the year ahead

Scripture Reminder

"The light shines in the darkness, and the darkness has not overcome it." — John 1:5 (NIV)

